



# The Last Frontiers

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Guided by experience.



Yunnan  
Capital: Kunming  
Population: 40.4 million  
Area: 394,000 sq km

## Yunnan: Eternal Spring at Jade-Dragon-Snow- Mountain (7 Days/ 6 Nights)



**'South of the Clouds'** - this is what Yunnan means literally. The province in China's very South-West offers mild climate all year round, with an extended rainy season in summer. This contributes to a unique biological diversity: Rough mountains at the border to Tibet turn into lush tropical forests in the South. Also culturally Yunnan is one of the most diverse of China's provinces with more than 25 ethnic minorities.

Explore old Bai-town Dali, UNESCO World Cultural Heritage Site Lijiang and Tibetan culture in the area of mystic Shangri-La - a name that dates back to 1939 when British author James Hilton described the beautiful scenery in his novel. Hike the Tiger-Leaping-Gorge, bargain on local markets, be enchanted by the colourfully traditional costumes and enjoy the **eternal spring at Jade-Dragon-Snow-Mountain**.

### Day 1: Shanghai - Dali

#### Flight Shanghai to Kunming

#### Flight Kunming to Dali

Meet & Greet at the airport, private transfer to your hotel, check-in

Dali is located West of 'Ear Shaped Lake', at the foot of Can Mountain. Situated at 1900 m, Dali is especially popular because of its relaxed and laid-back atmosphere - which is quite something in China. During a first walk you can explore the historical old town or just sit in a cafe in Huguo Lu and watch the world go by.

Night at Jim's Tibetan Hotel, Dali

### Day 2: Yi-Minority & Dorfbesuch

Breakfast.

Your full-day trip gives you an idea of traditional life of the Yi Minority. You are driving about 1.5 hours to a lesser known Yi village, where you can also visit a school - if you should visit on Sunday there won't be any pupils there. Afterwards you visit an old and almost forgotten Buddhist temple.

Take some time in the evening to ramble through Dali's walled old town.

Night at Jim's Tibetan Hotel, Dali



### Day 3: Market Day & Xizhou

Breakfast

Pass by Dali's most famous site: the Three Pagodas (SanTaSi) situated about 1 km northwest of the old town. They date back to Tang dynasty in the 10th century.

Continue to Xizhou where an interested market takes place every morning. From hardware to traditional artwork everything can be found there - but of course bargaining is mandatory.

In Xizhou's old town lots of streets and buildings show signs of former wealth but also remainings of the Cultural Revolution can be found.

A donkey cart takes you to the lake which can be crossed by boat to Wase. Lunch is provided on the boat.

In Wase you visit an old hospital which is nowadays only used for childbirth. Until about one year ago a former Buddhist Temple hosted the local village school. In the meantime the teachers and their students have moved to a newer building.



This itinerary has been created through our personal travel experience in this region. It can easily be modified and combined with any other tour we offer in China and the rest of Asia.

**Our objective is to suit your interests best.**

**Talk to us and we will design the right trip for you.**



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Go by car around the lake, back to Dali.  
Night at Jim's Tibetan Hotel, Dali

## Day 4: Dali - Lijiang

Breakfast

After breakfast you leave Dali and drive along Ear Shaped Lake passing by small villages. Pack a little picnic so that you have time to enjoy the scenery along the way. The road rises further and further until you reach Lijiang in the afternoon. The city is situated in a beautiful valley at an altitude of 2400 m.



Evenings in Lijiang are never boring: Restaurants and little Cafes offer a wide selection of delicious dishes. Every evening people gather for a dance on the Market Square.  
Night at (\*\*\*\*) Hotel, Lijiang

## Day 5: Yu-Feng & Baisha

Breakfast

Today your destination is YuFeng Si, Jade Peak Temple, situated at the foot of famous Jade Dragon Snow Mountain. This small monastery was established in 1756. Nowadays its main attraction is the beautiful Wanduo Shancha: Camellia Tree of 10,000 Blossoms. Afterwards you walk downhill for a couple of hours all the way to Baisha - former capital of the Naxi Kingdom. When visiting



Baisha's Taoist Temple you might run into famous Dr. Ho who offers medical teas and herbs.

In the afternoon there is time to explore Dayan, Lijiang's Old Town. Spread around a central square, the Old Town is criss-crossed by canals and narrow streets. It is surrounded by mountains which keep cold winds off and provide fresh spring water.

In the evening: Naxi Music Performance (Suggestion)  
Night at (\*\*\*\*) Hotel, Lijiang

## Day 6: Black Dragon Pool

Visit the Old Town and the Vegetable Market BEFORE breakfast. At this time of day you are able to hear your own footsteps resound on the cobbled street and you see Naxi Woman in their traditional dress.



Breakfast

In the afternoon visit Black Dragon Pool Park, situated on the Northern edge of town. A nice walk leads around the pool, passing by the pagoda and a nice bridge. On a clear day you get an amazing view of 5598 m high Jade Dragon Snow Mountain - Lijiang's most impressive landmark and probably the most popular photo shoot of Yunnan province.

Night at (\*\*\*\*) Hotel, Lijiang

## Extension Tiger Leaping Gorge

## Extension Shangri-La

## Day 7: Lijiang - Shanghai

Breakfast

Bargain for some souvenirs before leaving for the airport around noon.

**Flight Lijiang - Shanghai**



**If you decide to travel with The Last Frontiers\* we will be happy to provide an extensive personalised package, including:**

- ✓ **Personal briefing**
- ✓ **Tips and hints on travelling in China**
- ✓ **Map of the region**
- ✓ **Addresslist in both English and Chinese**
- ✓ **Restaurant recommendations**



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## Extension Tiger Leaping Gorge

### TLG Day 1

Breakfast.

Leave Lijiang not later than 9 am and drive along Jade Dragon Snow Mountain area, crossing mountain passes of far more than



3000 m altitude. If the weather is sunny and clear this trip offers breathtakingly beautiful views.

Around 11.30am you reach Qiantou. Margo is an Australian lady who has promoted tourism in the Tiger-Leaping-Gorge together with her Tibetan husband. She can tell lots of stories and will give you some last instructions. On the walk uphill 28 bends have to be passed before reaching the highest place of the path - an arduous hike. If you think this is too tiring, get yourself a mule and ride comfortably up the mountain.

Continue on a nice and flat path to Half-Way-Guesthouse. From here you can enjoy a wonderful view of the whole valley and 4000 meter high mountains on the opposite side of it.

Night at Half-Way-Guesthouse

### TLG Day 2

After enjoying the panoramic view during breakfast you continue your hike. Today will be much less strenuous than the day before as you are only walking downhill.

After about two hours you reach Tina's Guesthouse.

Have lunch here before meeting your driver with your luggage.

Your drive this afternoon leads you high up to Tibetan heights until you reach legendary



Shangri-La: Surrounded by three rivers this region is considered holy by its inhabitants.

The road follows Yulong Mountains passing by Bashui-Terraces. Take your time for this journey through one of China's most beautiful landscapes.

The scenery is changing very fast, dramatic wild water rivers and rough cliffs. Your destination Shangri-La, or Zhongdian or Gyalthang Zong is situated on a vast highland with an altitude of 3200 m.

It is said that James Hilton's classic „Lost Horizon“ was inspired by this region. The Tibetan name (Shangri-La) means „Place of Luck“.

Night at (\*\*\*) Hotel, Shangri-La (Zhongdian)

**continue with SL Day 2 or 3**

## Extension Shangri-La

### SL Day 1

Breakfast

Today's trip leads you high up to Tibetan heights until you reach legendary Shangri-La: Surrounded by three rivers this region is considered holy by its inhabitants.

The road follows Yulong Mountains passing by Bashui-Terraces. Take your time for this

journey through one of China's most beautiful landscapes. The scenery is changing very fast, dramatic wild water rivers and rough cliffs. Your destination Shangri-La, or Zhongdian or Gyalthang Zong is situated on a vast highland with an altitude of 3200 m.

Night at (\*\*\*) Hotel, Shangri-La (Zhongdian)



### SL Day 2

Breakfast

Today: Slow down. First visit Buddhist Song Zan Lin Temple north of Zhongdian. Several hundred monks live in this 300-year-old monastery complex.

From here continue to NapaHai, a lake surrounded by vast grasslands. If you would like to do horseback riding, take the opportunity here.

Further towards the Tibetan border you visit a little village which is famous for its pottery.

Head back to Zhongdian. The afternoon is left to your own disposal. You might want to do some shopping: The city offers many interesting Tibetan souvenirs.

From time to time Tibetans dance on the market square in the evening. Why not join them?

Night at (\*\*\*) Hotel, Shangri-La (Zhongdian)



### SL Day 3

Breakfast

Transfer to the airport

**Flight Zhongdian - Kunming  
Flight Kunming - Shanghai**





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**We have been working with our local partners for many years and know them as being reliable and professional. The hotels we chose for you are personally tested and approved by The Last Frontiers.**

**Should problems occur during your trip, we are here for you in our office in Shanghai. Just call us and we will try to solve any glitch on your trip as fast as possible.**

## Tour includes:

- + Domestic tickets
- + Airport transfers as specified
- + Accommodation as stated (double occupancy)
- + Private guide and car as stated in the programme

## Tour excludes:

- Entrance fees, city taxes and other local taxes
- Airport taxes and fuel surcharge
- All meals not mentioned in the itinerary or marked as optional or suggested
- Personal expenses (laundry, telephone calls, drinks, tip...)
- Personal insurances (health, third party, cancellation, luggage...)
- Any services non mentioned in itinerary



**Price Indication for trip as specified above: from RMB 8980 p person plus (airtravel) taxes based on a minimum of 2 pax travelling**

For a more exact quote (based on discounted tickets, if applicable and available for your dates of travel), we need to know **travel dates, names of all travelers** as per passport and **birth date of children below the age of 12.**

## Important Remarks:

This **proposal** has been prepared based on our experience and knowledge of the current situation locally. **No bookings have been made yet.** In case of your confirmation to go ahead and to book hotels, flights and other services, we will request those from our partners as per itinerary. Should hotels and flights not be available, we will endeavor to book services of similar quality. However, slight changes to our proposal above may be unavoidable.

**Flight prices** are quoted based on information from our booking partners. Prices are subject to change without prior notice, if new information becomes available (eg changed booking classes, holiday surcharges, fuel surcharge, security fees, taxes etc).

**Flight schedules** are subject to change without prior notice. In China, flights are cancelled or changed frequently with very short notice. Such changes are inconvenient, but beyond our control. We will endeavor to inform you of any flight change, but suggest, you re-confirm flight timings locally 24 hrs prior to departure. We cannot accept any liability for any expense caused by schedule changes by the airlines.

**Flight connections** are chosen by us to provide you with best and most convenient transit times. Delays however occur and we can resume no responsibility for missed flights due to delays. We will be happy to book earlier flights (if available) in order to create a higher safety margin for your transit.

## Visas:

In case, Visas are required, The Last Frontiers\* would be delighted to help you organizing the visas. Please note however, that The Last Frontiers can not be held responsible for information on visa regulations, or in case visas are not obtained or visas are not accepted by local Authorities.

## Payment:

Invoices payable prior to departure or latest 2 weeks after Invoice Date. China Trips payable to our accounts in China or Cash RMB. Credit Cards and Chinese Bank Cards welcome (conditions apply). International trips payable in US\$ or Euro to our accounts in Hongkong, Singapore or (by exception) in Germany. Cheques accepted (Euro/US\$ 30 surcharge applies).

## Cancellation:

**Cancellation fees apply, if you change or cancel the trip (or parts of the trip) after your verbal or written confirmation.** We will attempt to reduce cancellation fees to a minimum and will calculate cancellation fees according to our actually incurred costs and time spent on your case. **In any case, a minimum of 10% of the total cost of the trip will be invoiced as Cancellation Fee.** Normally, cancellation fees will not be higher than 50% of the confirmed price. The closer a cancellation is to departure, the more expensive it gets. In extreme cases, such as bookings of special packages or cancellations less than 24hrs prior to departure, we will not be able to refund at all.

## Force Majeure:

Compensation payments do not apply, where performance is prevented by risk of war or threat of war, riot, civil strife, industrial dispute, terrorist activity, natural or nuclear disaster, fire, adverse weather conditions, technical problems with transport, closure or congestion of airports or ports, cancellations or changes of schedules by scheduled airlines and similar events beyond The Last Frontiers' control.

## Disclaimer:

The Last Frontiers\* Travel- and EventConsulting, issuing ticket(s), coupon(s), receipt(s) etc for your trip acts as CONSULTING AGENT in the making and securing of all arrangements for transportation, sightseeing, hotel accommodations etc. The Last Frontiers does not own, control or operate any services or any supplier of services.

All coupons, receipts, tickets etc are subject to the terms and conditions specified by the suppliers. By accepting your Travel Documents from The Last Frontiers and utilizing its services, you agree that neither The Last Frontiers, nor any of its owners or staff shall be liable for any loss, injury or damage to you or your belongings and you accept our Terms & Conditions.

## Terms & Conditions:

The Last Frontiers Terms & Conditions apply to all bookings made through us. Please ask for a copy, should you wish to read and understand our Terms & Conditions in detail. Terms & Conditions are also available on our website [www.TheLastFrontiers.com](http://www.TheLastFrontiers.com)

**Thank you for choosing The Last Frontiers\* as your preferred Travelpartner.**

**Sigrid Seel & the entire The Last Frontiers Team**

**\*Guided by Experience**

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