



The Last Frontiers

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Guided by experience.



Cambodia Classic: Tracing the Mighty Khmer Empire

(5 days/ 4 nights)



Cambodia - bordered by Laos, Vietnam and Thailand - is a country of great contrasts. During the height of the Angkorian era, the Khmer Empire ruled over most of the Southeast-Asian subcontinent. This time also brought forth Angkor Wat - one of the wonders of the world and the most famous landmark of Cambodia.

However, the country's former glory is overshadowed by recent history: 1975 Khmer Rouge won the Civil War and began to restructure the state politically and socially. Cambodia still hasn't recovered completely from this cruel communist experiment. All the more the friendliness and warm-heartedness of the mainly Buddhist population is touching. Discover Cambodia: its pristine rain forests, sunny beaches, bustling capital, great variety of food and especially its unique and **rich legacy of the Khmer Empire**.

Day 1: Shanghai - Phnom Penh

Evening flight Shanghai (Pudong) - Phnom Penh

Meet & Greet at Airport
Private transfer to your hotel,
check-in
Night at centrally located (***
****) Hotel, Phnom Penh



Day 2: Highlights of Phnom Penh

Breakfast

With your private guided tour you will explore the highlights of Cambodia's capital. **Wat Phnom** - where the Khmers pray for luck - offers great views over the city.

Constructed in 1866 the **Royal Palace** today still serves as the king's residence - and is a mighty symbol of his kingdom. Inside the Palace grounds street sounds are deadened by the high walls that protect the various Royal buildings and well-manicured tropical gardens. The **Silver Pagoda** in the Royal Palace complex gets its name from 5000 silver tiles covering the floor - each weighing 1kg. Also remarkable: The Emerald Buddha and a Buddha made of solid gold decorated with diamonds.

Right next to the Royal Palace you can not miss the distinctive rust-red **National Museum**. More than 5000 objects are on display here, showing a good overview especially of the Angkorian era.

Tuol Sleng brings back a not too distant unpleasant past:



the terror regime of the Khmer Rouge. The museum was a Khmer Rouge prison and torture chamber. Many of the prisoners interrogated and deprived in Tuol Sleng were later executed on a field (Choeung Ek) 15 km outside Phnom Penh. During the only four years lasting regime of the Khmer Rouge lead by Pol Pot, more than 1 million people ended up on one of the so called **Killing Fields** scattered around the country. Choeung Ek is now a group of mass graves and a memorial stupa containing thousands of skulls.

In the evening take a walk down by the **Tonle Sap River** when all the local Khmers are there praying, dancing, chatting and eating. Being the heart of Cambodia's nightlife you could also enjoy a crawl through Phnom Penh's many bars.

Night at centrally located (***/***) Hotel, Phnom Penh

Day 3: Phnom Penh - Siem Reap

Breakfast

The trip to Siem Reap can be done either by **plane**, by **car** (road in very good condition) or by **boat** up the Tonle river and lake (not for the faint-hearted!).

Meet & Greet and private transfer to your hotel.



If you decide to travel with The Last Frontiers* we will be happy to provide an extensive personalised package, including:

- ✓ **Personal briefing**
- ✓ **Tips and hints on travelling in Cambodia**
- ✓ **Map of the region**
- ✓ **Addresslist in English**

The Last Frontiers* / 上海缘蕴旅游咨询有限公司

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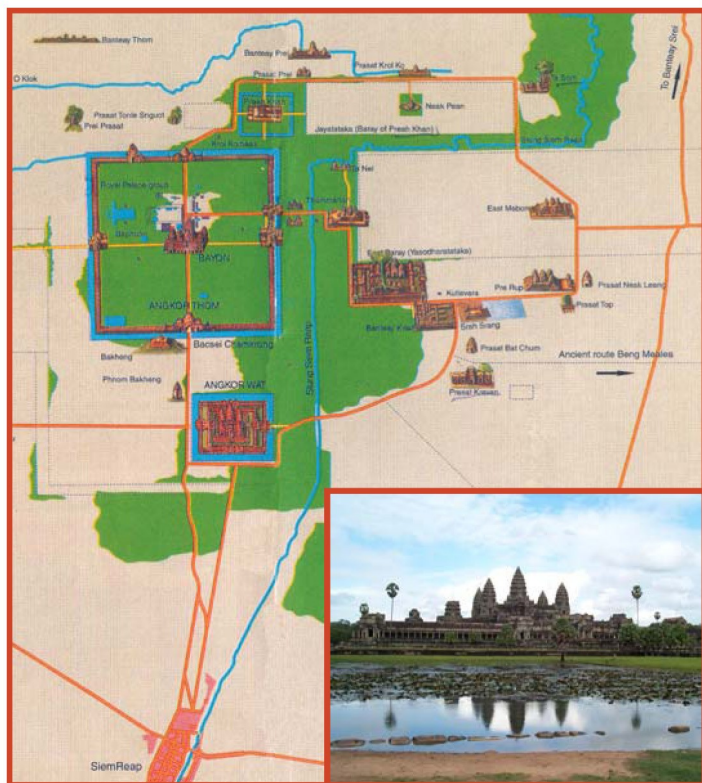
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In the afternoon, private guided tour to visit **Angkor Thom**, meaning 'Great City'. **Bayon**, built in the exact centre of Angkor Thom reflects the ego of king Jayavarman VII: Enormous stone faces, slightly resembling their creator, are smiling down onto the visitors from as many as 37 towers. **Phimeanakas** (Celestial Palace) though lacking its former splendour, still offers great views of **Baphuon**. This temple-mountain can be reached via an elevated walkway. Most impressive is its 40 m long Reclining Buddha.

Leper King Terraces consist of a 7 m high platform with deeply carved nagas, demons and other mythological beings. On top there is a replica of a mysterious nude statue - the original resides in the National Museum in Phnom Penh. Wandering around **Ta Phrom** temple complex, you find yourself in between massive fig and silk cotton trees surrounded by flocks of noisy parrots - all of which are contributing to the overall jungle atmosphere.

Angkor Wat is certainly the centrepiece of any visit to the temples of Angkor. Dedicated to the Hindu god Vishnu, this massive temple-mountain was constructed by Suryavarman II at the apex of Khmer political and military dominance in the region. It consists of a massive three-tiered pyramid

crowned by five towers rising 65 meters from ground level. To relax from sightseeing enjoy the sunset from one of Angkor's temple mountains.

Night at centrally located (***/***) Hotel, Siem Reap

Day 4: Jungle and Temples

Breakfast

Your full day private guided tour first leads you to one of the most mysterious places of Angkor: **Beng Mealea**. This temple, built in the same style as Angkor Wat, is largely overrun by vegetation. Trees growing out of temple-sites make great photo opportunities and give you a somewhat adventurous feeling when wandering around.



North-east of Angkor **Kbal Spean**, usually referred to as 'The River of Thousand Lingas', is set deep in the jungle. Hundreds of lingas as well as Vishnus, Shivas, Umas and other Hindu deities are carved elaborately in the riverbed. Enjoy a picnic in this beautifully set area before returning to Siem Reap. On the way back, you visit **Banteay Srey**, a Hindu temple dedicated to Shiva. Meaning 'Citadel of the Women' it was probably built by a woman as the stone carvings are very delicate and elaborate.

Night at centrally located (***/***) Hotel, Siem Reap

Day 5: Artists, Silk and Markets

Breakfast

Simply wander around Siem Reap or look for some souvenirs at one of the many **local markets**: From silverware and silk to buddhas or stone carvings you can bargain for almost everything.



In the afternoon, visit **Artisans d'Angkor** to see local artists making wood and stone carvings. Right next to it in **Les Chantiers Ecoles** all stages of the silk making process are displayed: From cultivation of the mulberry trees to dying and weaving. They also sell high-quality souvenirs - by buying them you support a cultural rehabilitation project

Evening: Pick-up from hotel and private transfer to airport

Flight Siem Reap - Phnom Penh

Flight Phnom Penh - Shanghai (Pudong)



This itinerary has been created through our personal travel experience in this region. It can easily be modified and combined with any other tour we offer.

If you have a couple more days, we recommend e.g. **Sihanoukville**. This town on Cambodia's southwestern coast offers nice beaches. Or you might want to extend your trip to **Thailand**: explore its rich Buddhist culture, ramble through bustling Bangkok and relax on one of Thailand's beautiful beaches...

A trip to Cambodia can also be combined easily with a couple of days in Laos or - if you have more time - a tour through Vietnam.

Our objective is to suit your interests best.

Talk to us and we will design the right trip for you.

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We have been working with our local partners for many years and know them as being reliable and professional. The hotels we chose for you are personally tested and approved by The Last Frontiers.

Should problems occur during your trip, we are here for you in our office in Shanghai. Just call us and we will try to solve any glitch on your trip as fast as possible.

Tour includes:

- + Air tickets
- + Airport transfers as specified
- + Accommodation as stated (double occupancy) incl. breakfast
- + Private guide and car as stated in the programme

Tour excludes:

- Entrance fees, visa fees, city taxes and other local taxes
- Airport taxes and fuel surcharge
- All meals not mentioned in the itinerary or marked as optional or suggested
- Personal expenses (laundry, telephone calls, drinks, tips...)
- Personal insurances (health, third party, cancellation, luggage...)
- Any services non mentioned in itinerary



Price on request

For an exact quote we need to know **travel dates, names of all travelers** as per passport and **birth date of children below the age of 12.**

Important Remarks

This proposal has been prepared based on our experience and knowledge of the current situation locally. **No** bookings have been made yet. In case of your confirmation to go ahead and to book hotels, flights and other services, we will request those from our partners as per itinerary. Should hotels and flights not be available, we will endeavor to book services of similar quality. However, slight changes to our proposal above may be unavoidable.

Passports & Visas

When traveling, you must be in possession of valid papers. To avoid any risk, passports shall be **valid for min another 6 months** on the day of your return to your home. In case, Visas are required, The Last Frontiers* would be delighted to support you organizing the visas. Please note however, that The Last Frontiers* can not be held responsible for information on visa or immigration regulations, or in case visas are not obtained or visas are not accepted by local Authorities. In case, you plan to come back to China, please check, that you are in possession of documentation to be able to reenter China (visa & entry permit).

Payment

Invoices payable prior to departure or latest one week after Invoice Date. China Trips payable to our accounts in China or Cash RMB. **Credit Cards welcome (conditions apply).** International services payable in US\$ or Euro to our accounts in Hongkong or Germany. Cheques accepted (surcharges apply).

Cancellation

Cancellation fees apply, if you change or cancel the trip (or parts of the trip) after your verbal or written confirmation. We will attempt to reduce cancellation fees to a minimum and will calculate cancellation fees according to our actually incurred costs and time spent on your case. **In any case, cancellation fees as per Confirmation Sheet apply.**

Force Majeure

Compensation payments do not apply, where performance is prevented by risk of war or threat of war, riot, civil strife, industrial dispute, terrorist activity, natural or nuclear disaster, fire, adverse weather conditions, technical problems with transport, closure or congestion of airports or ports, cancellations or changes of schedules by scheduled airlines and similar events beyond The Last Frontiers' control.

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Thank you for choosing The Last Frontiers* as your preferred Travelpartner.

Sigrid Seel & the entire The Last Frontiers Team

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